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Nursery Manager

**4.11 Food and Drink Policy**

Mealtimes and snacks are an important part of the day. This time is a social time for the children and adults. It helps the children learn about healthy eating. We aim to provide nutritious, healthy food, which meets the children’s individual dietary needs and comply with the Food Safety Standards.

A menu is shared with the parents for the current lunch and tea menu. The food is cooked in house by our chef or practitioners– the food is homemade and cooked from raw ingredients, we ensure that it is healthy and has no added sugars and salts.

**Allergies, Religious and Cultural Requirements and Food Intolerances**

All staff, including new staff, or cover staff are made aware of the children’s individual allergies, religious and cultural requirements and any action that needs to be taken. Allergens, religious and cultural requirements are taken from the parent on the registration form. If the child has any dietary needs the parent will fill out a Health Care Plan for their child and this is reviewed and updated regularly. For the safety of your child, there is a list of children and their allergies/intolerances displayed in the kitchen, and relevant room. This information is clearly displayed for your child’s safety, however, due to data protection this is covered over with paper but clearly labelled. Children with allergies or dietary requirements have their food served separately.

In cases where there is a likelihood of a severe allergic reaction, the Manager will have regular updates with parents to ensure everyone continues to follow the correct procedures for the child. All staff are made aware of the emergency procedure for each child, as well as symptoms and administration of any medication.

We aim to give all children the same food at lunch time, however in some circumstances (if the child is becoming unwell or really does not like the food offered) they may refuse to eat anything.  In this case a sandwich will be prepared and served after the main course to ensure that all children eat. Children will be encouraged to self-serve and try new foods. No child will be forced to eat something that they don’t want to.

Milk and water will be the only drinks provided by Wakoos and children will be encouraged to drink throughout the day. We also cater for dietary requirements and intolerances. If a child will refuse to drink water and squash is brought in by parents/carers this will be placed out of sight and given during mealtimes only. And water/milk will be encouraged throughout the day.

There is a £1.50 daily charge for lunch time, this is added on to the invoice and is fully payable by the registered bill payer. If a bill payer refuses to pay this charge the fees paying policy will be followed.

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| Area | Nursery Provision |
| Policy or Procedural Guidelines Title | Food and Drink Policy |
| New or Existing Policy/Service? | Existing |
| Name and role of Reviewer | Kellie Ralph  Nursery Manager |
| Date | 05/01/2023 |